



MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES
COMMUNITY FOOD AND NUTRITION ASSISTANCE (CFNA)
CHILD AND ADULT CARE FOOD PROGRAM (CACFP)
INDIVIDUAL INFANT MEAL RECORD 6-11 MONTHS (5 DAY)

EXAMPLE

INFANT'S NAME Roy Kent		AGE IN MONTHS 10 months		DATE OF BIRTH 8/15/20XX			
CENTER/PROVIDER ABC Preschool		BREASTMILK? ☒ YES ☐ NO		FORMULA TYPE Enfamil		CLAIM MONTH/YEAR 6/20XX	
List specific foods consumed by this infant. Foods from child menu may be used if infant is developmentally ready.							
Meals claimed: ☒ Breakfast ☒ Snack ☒ Lunch ☐ Supper							
REQUIREMENTS							
BREAKFAST		Date 6/6/20XX	Date 6/7/20XX	Date 6/8/20XX	Date 6/9/20XX	Date 6/10/20XX	
Iron-fortified formula or breastmilk; AND	6-8 fluid ounces	breastmilk chopped canned peaches rice cereal	breastmilk applesauce oatmeal	breastmilk chopped canned pears barley cereal	breastmilk chopped canned apricots rice cereal	breastmilk banana oatmeal	
Vegetable, fruit, or both; AND	0-2 tablespoons						
Iron-fortified infant cereal, meat, fish, poultry, whole eggs, cooked dry beans, or peas; or	0-1/2 oz. eq.						
cheese; or	0-2 ounces						
cottage cheese; or	0-4 ounces						
yogurt; or	0-4 ounces						
a combination							
SNACK							
Iron-fortified formula or breastmilk; AND	2-4 fluid ounces	breastmilk applesauce crackers	breastmilk toast strips banana	breastmilk	breastmilk	breastmilk	
Vegetable, fruit, or both; AND	0-2 tablespoons						
Iron-fortified infant cereal; or	0-1/2 oz. eq.						
Ready-to-eat cereal; or	0-1/4 oz. eq.						
Bread or bread-like items; or	0-1/2 oz. eq.						
Crackers	0-1/4 oz. eq.						
LUNCH/SUPPER							
Iron-fortified formula or breastmilk; AND	6-8 fluid ounces	breastmilk chopped ham diced cooked sweet potato peas	breastmilk chopped chicken green beans mashed potatoes	breastmilk cottage cheese canned peaches	breastmilk chopped hamburger cooked carrots refried beans	breastmilk hard boiled egg green beans chopped canned pears	
Vegetable, fruit, or both; AND	0-2 tablespoons						
Iron-fortified infant cereal, meat, fish, poultry, whole eggs, cooked dry beans, or peas; or	0-1/2 oz. eq.						
cheese; or	0-2 ounces						
cottage cheese; or	0-4 ounces						
yogurt; or	0-4 ounces						
a combination							
Note: Minimum serving sizes per age group and meal requirements as listed on the Food Charts must be followed for a creditable CACFP meal.							